

**Tuesday, June 3**

- Childbirth Preparation Class - 6:00pm

**Thursday, June 5**

- Breastfeeding Class - 6:00pm

---

**Childbirth Preparation Class**

**Time:** 6:00pm



Please join us for a childbirth preparation class on the first Tuesday of each month taught by Labor and Delivery nurse, Chandra Jeppson. Topics to be covered: labor and delivery process, postpartum care, newborn care, car seat safety/safe sleep, tour of Labor and Delivery Unit, Q&A.

**Breastfeeding Class**

**Time:** 6:00pm



Carolina Pines hosts monthly breastfeeding classes on the first Thursday of each month. These classes are taught by Certified Lactation Consultant, Holly Prescott. Learn all about the basics of breastfeeding before your sweet bundle of joy arrives!